GIRL LINK ORGANIZATION, INC.

Elementary School Rules

Are You Still a Baby? · A Magical Journey Workbook

Dear Parents and Guardians,

Growing up is a journey of learning, friendships, and new responsibilities. Girl Link Organization invites your child to Elementary School Rules: Are You Still a Baby?, a 15-week virtual program for grades 3–5, created by Elaine Lee to help children build confidence, practice respectful choices, and discover the joy of learning.

Program at a glance

Begins	December 3, 2026 or January 7, 2027
Weekly sessions	Thursdays, 6:00–7:00 p.m. Saturdays 11:00 am-1:00 pm Location: in Upper Marlboro TBD
Format & duration	Virtual • Eastern Time • 15 weeks • One-hour sessions weekly
Included	Book, child-friendly activities, and weekly book club discussions
Program cost	$950.00 for the 15-week program • Book included

What your child will experience

Each week pairs a skills lab with a guided book club discussion. Through stories, drawing, role-play, realistic scenarios, and optional reflection, children practice getting ready to learn, responsibility, respect, friendship, calm problem solving, and asking for help. Later weeks bring the skills together through a growing-up plan. Children may speak, draw, write, or pass on personal sharing.

Children will practice S.E.L.F.—Stop, Exhale, Let it go, Forget about it—as a short pause before choosing a kind, safe action. The MINDS Method helps them pause, notice influences, name a value, choose a next step, and reflect. “Forget about it” never means hiding harm or ignoring a safety concern; children should tell a trusted grown-up when they need help.

How to register

To request registration information, email glovirtual26@gmail.com or call 301-410-0201. Please provide your name, your child’s grade, and your preferred contact information. The coordinator will confirm the complete schedule, enrollment arrangements, payment instructions, virtual meeting link, and how to receive the included book.

Please help your child join on time with internet access, a device, the book, a notebook, and drawing or writing supplies. Ask what your child is learning and celebrate small steps between sessions. Big kids still need help sometimes—growing up means trying, learning, and knowing when to ask.

Warmly,

Elaine Lee
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Creator of Elementary School Rules
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